

June 2020

Pastor Debbie

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Center United Methodist Church

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Church Phone: 719-754-2243
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Saguache United Methodist Church

6th & Christie, Saguache
Worship Service: 10:30 am

Pastor: Rev. Debbie Upton

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Welcome back newsletter fans! We have been given approval to proceed with our Yellow Phase to open Center United Methodist Church June 14th for a 10:30 am service. Since we will be following CDC and safety protocols, we are recommending people to begin entering the church around 10 am for their wellness check. If you are vulnerable or **feeling ill, or don't wish to go through the protocols which include temperature checks, wearing masks, no singing, and social distancing**, then you are invited to join our 8:30 am Zoom worship. Organizational activities are still canceled at the church for an abundance of caution to "do no harm." We will be hosting **The New Legacy Project on June 15 at 7 pm** to leave us in praise and worship singing Blackwood Brother favorites along with country and contemporary worship songs. Precautions have been put in place and we will follow the same CDC guidelines observed on Sunday the 14th. I hope those who can will join us for these very special and talented guests.

Unfortunately, our Saguache congregation will have to wait until it is safe for them to open. The 8:30 am Sunday Zoom worship will be a combined church worship which can be joined from a land line, cell phone, or via the computer. **THOSE WITHOUT INTERNET OR DATA** can still join and participate. You can type in <https://us02web.zoom.us/j/8678651613?pwd=VIVDejIBRVBJT0tYNXVtUG42QTFNdz09> and click enter to be taken to the Zoom worship site. It is simpler to go to Zoom.us and when site comes up, press the button to join and type in 867 865 1613 with the password 2618860. If you are calling in, call +1 346 248 7799. When it asks for the ID, put in **867 865 1613 and the password is 2618860. It's not perfect, but it will help us stay in contact** during these trying times.

If you have internet, please check out our website www.umcofcenter.com as we update it regularly and is a great place to access information. We have put a blog section for Center and one for Saguache. You may use this to help share information; just **remember we don't wish to post privacy issues.**

Please feel free to reach out to me especially with prayer requests and concerns, 504-262-8860 or dupton@liff.edu. Below is our heritage photo album. We had hoped to have many more photos which would have made this more challenging. Have

He is not here; he has risen! Remember how he told you, while he was still with you in Galilee:

'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.'

LUKE 24:6-7 (NIV)

Match the right caption to our heritage photo album
SEND YOUR ANSWERS TO HANNAH VIA EMAIL OR CALL CUMC
YES THERE IS A PRIZE



The gang's all here!



Roaming around, but not LOST!!!! I think someone's watching us???



Family Gang!!!!



Senior Fitness Center

is now open. Please call the church office or text (504)261-8860 before coming so we can ensure you safety.

We hope that we will be able to resume Yoga classes in July.

Thank you for your patience,

STATUS LEVELS OVERVIEW

RED STATUS

Stop all in-person worship and gatherings. Essential workers only are allowed in the church building(s). This is the "Stay in Love with God" time and stay-home phase of our ministry. Right now it is best to err on the side of caution, even as directives are eased from the various Mountain Sky Governors. Details related to the Red Status are provided at the end of this section. As of this publishing, the Mountain Sky Conference is operating within the **Red Status** through May 31, 2020.

YELLOW STATUS

Cautionary Return. It is anticipated this will cover a number of months. As the MSC, we want to "Do Good" as restrictions are lifted. This may mean a gradual return to gatherings, depending on the circumstances. Yellow Status begins when state and local officials have reported a 14-day downward trend of cases, hospitals are treating patients without crisis care, and there is a robust testing program in place, including antibody testing.

GREEN STATUS

In-person gatherings are the "Do No Harm" phase that can be initiated when the virus is contained. Permission will be granted to communities of faith to return to full activity and in-person gatherings. This will be in place only as church leadership is confident in the care of their community of faith. Green status for all activities will likely be dependent on a testing protocol for asymptomatic COVID-19 carriers, antibody testing, therapeutic drug therapies, aggressively caring for those who have contracted COVID-19, and approval and availability of a COVID-19 vaccine. State and local officials must have successfully met the criteria of Yellow Status, and there must be evidence through case reporting, testing, and community monitoring that there is no evidence of a rebound.

The Mountain Sky Conference of The United Methodist Church recognizes returning to full participation will be based on the oversight of the Bishop, Crisis Response Team, state, and national guidelines, as well as the seasonal movement of the virus.

Summer Garden Crustless Quiche

Ingredients

- ◆ 1 Tbsp olive oil
- ◆ 1 yellow onion, minced
- ◆ 3 cloves garlic, minced
- ◆ 5 cups chopped kale
- ◆ 1 cup diced tomato
- ◆ 1/2 cup shredded carrots
- ◆ 5 eggs
- ◆ 3/4 cup whole milk
- ◆ 7 1/2 oz shredded cheddar
- ◆ 1/4 cup chopped parsley
- ◆ 1/4 tsp salt
- ◆ Pepper to taste

Recipe by: Singer6 (Allrecipes.com)



Allrecipes.com

Directions

1. Preheat oven to 350 degrees F (175 degrees C). Grease a 9-inch pie dish with 1 teaspoon olive oil.
2. Heat 1 tablespoon olive oil in a skillet over medium heat; cook and stir onion and garlic in the hot oil until garlic is fragrant, 2 to 3 minutes. Add kale, salt, and pepper; cook, stirring occasionally, until kale is wilted, about 5 minutes. Stir tomato and carrots into kale mixture; cook for 5 more minutes. Remove skillet from heat.
3. Whisk eggs and milk together in a bowl. Stir Cheddar cheese, kale mixture, and parsley into egg mixture; pour into the prepared pie dish.
4. Bake in the preheated oven until quiche is set in the middle and a knife inserted in the center comes out clean, about 50 minutes. Cool in pie dish for 2 to 3 minutes before slicing.